

# **FILE THE ADOLESCENT PSYCHOTHERAPY TREATMENT PLANNER 2ND EDITION**

## **The Adolescent Psychotherapy Treatment Planner**

The Adolescent Psychotherapy Treatment Planner, Second Edition, provides treatment planning guidelines and an array of pre-written treatment plan components (behavioral definitions, long-term goals, short objectives, therapeutic interventions, and DSM-IVTM diagnoses) for adolescent behavioral and psychological problems, including antisocial behavior, family conflicts, impulsivity, substance dependence, anorexia, obesity, sexual risk behavior, smoking, unwanted pregnancy, etc. Clinicians who treat adolescents in both school and clinical settings will find The Adolescent Psychotherapy Treatment Planner, Second Edition, invaluable.

## **The Older Adult Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition**

This timesaving resource features: Treatment plan components for 30 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Older Adult Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies New edition features empirically supported, evidence-based treatment interventions Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **The Family Therapy Treatment Planner**

The Family Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 40 main presenting problems including child/parent conflicts, depression, abuse, death and loss issues, blended family problems, and loss of family cohesion Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner, Second Edition and the Brief Family Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the

requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

## **Adolescent Psychotherapy Homework Planner**

Evidence-based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of *The Adolescent Psychotherapy Homework Planner*, a team of distinguished practitioners delivers a time-saving and hands-on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems. The Homework Planner addresses common and less-common disorders—including anxiety, depression, substance use, eating, and panic—allowing the client to work between sessions on issues that are the focus of therapy. This book provides evidence-based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of *The Adolescent Psychotherapy Treatment Planner*. They are easily photocopied, and a digital version is provided online for the therapist who would prefer to access them with a word processor. The Homework Planner also offers: Cross-referenced lists of suggested presenting problems for which each assignment may be appropriate (beyond its primary designation) Several brand-new assignments, as well as adapted assignments that have been shortened or modified to make them more adolescent-client-friendly Homework assignments for the parents of adolescents in treatment, assignments for the adolescents themselves, and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents, *The Adolescent Psychotherapy Homework Planner, Sixth Edition* will benefit social workers, psychologists, psychiatrists, and other clinicians seeking efficient and effective homework tools for their clients.

## **The Adolescent Psychotherapy Progress Notes Planner**

*The Adolescent Psychotherapy Progress Notes Planner, Second Edition* contains complete prewritten session and patient presentation descriptions for each behavioral problem in *The Adolescent Psychotherapy Treatment Planner, Third Edition*. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 33 main presenting problems that range from low self-esteem and eating disorders to chemical dependence, sexual acting out, adoption issues, and blended family conflicts Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR™ diagnostic categories in *The Adolescent Psychotherapy Treatment Planner, Third Edition* Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

## **The Complete Adult Psychotherapy Treatment Planner**

A time-saving resource, fully revised to meet the changing needs of mental health professionals *The Complete Adult Psychotherapy Treatment Planner, Fifth Edition* provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including anger control problems, low self-esteem, phobias, and social anxiety Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance use, borderline personality, and more Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5 diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

## **The Couples Psychotherapy Treatment Planner**

### **THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS**

The Couples Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New chapters on Internet sexual use, retirement, and parenthood strain Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Couples Psychotherapy Progress Notes Planner, Second Edition and Couples Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners series: For more information on our PracticePlanners products, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **The Personality Disorders Treatment Planner: Includes DSM-5 Updates**

Approaching personality disorders with evidence-based treatment plans The Personality Disorders Treatment Planner, 2nd Edition is fully updated to meet the changing needs of the mental healthcare field. A time-saver for psychologists, counselors, social workers, psychiatrists, and other mental health professionals, this new edition offers the tools you need to develop formal treatment plans that meet the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. Organized around twenty-six presenting problems, the easy-to-use format and over 1,000 prewritten symptom descriptions, treatment goals, objectives, and interventions makes the task of developing an evidence-based treatment plan more efficient than ever. The treatment of mental health disorders is rapidly evolving, and new evidence-based protocols are being adopted by federal and state organizations. You are now required to closely monitor patient progress, and you may feel pressure to stick to standardized care and reporting procedures; however, you can only do so if you have access to the latest in evidence-based treatment plans. Updated with new and revised evidence-based Objectives and Interventions Integrated DSM-5 diagnostic labels and ICD-10 codes into the Diagnostic Suggestions section of each chapter Many more suggested homework assignments integrated into the Interventions An Appendix demonstrates the use of the personality disorders Proposed Dimensional System of DSM-5. Expanded and updated self-help book list in the Bibliotherapy Appendix Revised, expanded and updated Professional Reference Appendix New Recovery Model Appendix D listing Objectives and Interventions allowing the integration of a recovery model orientation into treatment plans

## **Adolescent Set**

For more than a decade, PracticePlanners? have set the standard for mental health treatment, by presenting complete guidelines and pre-written language for drafting high quality treatment plans and progress notes, as well as by providing hundreds clinically-tested client homework assignments for treating a wide range of presenting problems. Now clinicians can buy a complete set of the most popular PracticePlanners? in handy, value priced sets. The Adolescent Psychotherapy Treatment set includes the latest editions of The Adolescent Psychotherapy Treatment Planner, the Adolescent Psychotherapy Progress Notes Planner, and the Adolescent Psychotherapy Homework Planner. Each book covers the most common mental health issues facing adolescents, including, chemical dependency, eating disorders, and low self-esteem. Updated to be consistent with the latest Evidence-Based Treatment Interventions, these indispensable resources have been fully-revised to keep pace with the state-of-the-art innovations in clinical practice.

## **The Adolescent Psychotherapy Treatment Planner**

The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance use, low self-esteem, suicidal ideation, ADHD, and eating disorders Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

## **The Adolescent Psychotherapy Treatment Planner**

The Adolescent Psychotherapy Treatment Planner, Fourth Edition provides treatment planning guidelines and an array of pre-written treatment plan components for behavioral and psychological problems, including anger management, blended family conflicts, low self-esteem, chemical dependence, eating disorders, and sexual acting out. Clinicians with adolescent clients will find this up-to-date revision an invaluable resource.

## **The Complete Adult Psychotherapy Treatment Planner**

The Complete Adult Psychotherapy Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features: Empirically supported, evidence-based treatment interventions Organized around 43 main presenting problems, including anger management, chemical dependence, depression, financial stress, low self-esteem, and Obsessive-Compulsive Disorder Over 1,000 prewritten treatment goals, objectives, and interventions - plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with the The Adult Psychotherapy Progress Notes Planner, Third Edition and the Adult Psychotherapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, JCAHO, and NCQA).

## **The Complete Adult Psychotherapy Treatment Planner**

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## **The Couples Psychotherapy Treatment Planner, with DSM-5 Updates**

This timesaving resource features: Treatment plan components for 35 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most

accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Couples Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New chapters on Internet sexual use, retirement, and parenthood strain Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Couples Psychotherapy Progress Notes Planner, Second Edition and Couples Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **Adult Psychotherapy Homework Planner**

Help adult clients develop the skills they need to work through problems The Adult Psychotherapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: \* 61 ready-to-copy exercises covering the most common issues encountered by adults in therapy \* A quick-reference format—the interactive assignments are grouped by behavioral problem, such as chemical dependence, grief, financial stress, and low self-esteem \* Expert guidance on how and when to make the most efficient use of the exercises \* Assignments that are cross-referenced to The Complete Adult Psychotherapy Treatment Planner, Third Edition—so you can quickly identify the right exercise for a given situation or behavioral problem \* A CD-ROM that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs

## **The Adolescent Psychotherapy Progress Notes Planner**

As with the previous edition, The Adolescent Psychotherapy Progress Notes Planner, Third Edition helps mental health practitioners reduce the amount of time spent on paperwork by providing a full menu of prewritten progress notes that can be easily and quickly adapted to fit a particular patient need or treatment situation.

## **The Family Therapy Treatment Planner, with DSM-5 Updates, 2nd Edition**

This timesaving resource features: Treatment plan components for 40 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Family Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 40 main presenting problems including child/parent conflicts, depression,

abuse, death and loss issues, blended family problems, and loss of family cohesion Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner, Second Edition and the Brief Family Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **Family Therapy Homework Planner**

Contains 78 ready-to-copy homework assignments that can be used to facilitate family therapy Homework assignments and exercises are keyed to the behaviorally based presenting problems from The Family Therapy Treatment Planner, Second Edition Assignments are available online for quick customization Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Family Therapy Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: New and updated homework assignments consistent with evidence-based therapies and grouped by presenting problems including adoption, communication issues, interracial family problems, sexual abuse, and school concerns 78 ready-to-copy exercises covering the most common issues encountered by families in therapy, such as family-of-origin interference, depression in family members, divorce, financial conflict, adolescent and parent conflicts, traumatic life events, and dependency issues Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Family Therapy Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the Web at [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **Adult Psychotherapy Homework Planner**

PracticePlanners? The Bestselling treatment planning system for mental health professionals Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Adult Psychotherapy Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: \* 79 ready-to-copy exercises covering the most common issues encountered by adult clients, including such problems as chemical dependence, grief, financial stress, and low self-esteem \* A quick-reference format--the interactive assignments are grouped by behavioral problems including anxiety, sleep disturbance, Posttraumatic Stress Disorder, Obsessive-Compulsive Disorder, dissociation, and eating disorders \* Expert guidance on how and when to make the most efficient use of the exercises \* Assignments that are cross-referenced to The Complete Adult Psychotherapy Treatment Planner, Fourth Edition--so you can quickly identify the right exercise for a given situation or problem \* A CD-ROM that contains all the exercises in a word processing format--allowing you to customize them to suit you and your clients' unique styles and needs Additional resources in the PracticePlanners? series: Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM diagnoses. Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. For more information on our PracticePlanners? products, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **The Child and Adolescent Psychotherapy Treatment Planner**

From the authors of the bestseller *The Complete Psychotherapy Treatment Planner* comes this exciting new resource focusing specifically on the problems encountered in treating younger patients. The *Child and Adolescent Psychotherapy Treatment Planner* enables mental health professionals to write polished, effective treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Specifically designed to save clinicians hours of valuable time, provide optimum latitude in developing individualized treatment plans, and increase the measurability of objectives, this unique guidebook features: Complete coverage of 29 DSM-IV-TM and behaviorally based child and adolescent presenting problems A step-by-step guide to treatment planning 1,000s of prewritten treatment goals and objectives Up to 45 specific therapeutic interventions for each disorder. 1,000s of well-crafted statements describing behavioral manifestations, long-term treatment goals, short-term objectives, and therapeutic interventions An extensive list of suggested interventions from a broad range of therapeutic approaches—including cognitive, behavioral, family-oriented, dynamic, pharmacological, educational, didactic, and bibliotherapeutic A simple but comprehensive treatment plan format that can be copied and emulated This popular treatment planning system will enhance the quality of clinical documentation, bring heightened focus to the treatment process, and help eliminate the rejection of treatment plans by insurers and health management organizations.

## **The Juvenile Justice and Residential Care Treatment Planner**

The *Juvenile Justice and Residential Care Treatment Planner* provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for juvenile clients Organized around 28 main presenting problems, from depression and abandonment issues to truancy, substance abuse, family instability, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and educational interventions Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payers and accrediting agencies (including HCFA, JCAHO, and NCQA)

## **The Severe and Persistent Mental Illness Treatment Planner**

This time-saving resource features: Treatment plan components for 31 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The *Severe and Persistent Mental Illness Treatment Planner*, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 31 main presenting problems, including employment problems, family conflicts, financial needs, homelessness, intimate relationship conflicts, and social anxiety Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with *The Severe and Persistent Mental Illness Progress Notes Planner*, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, The Joint Commission, COA, and NCQA) Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Documentation Sourcebooks provide the forms and records that mental health professionals need to

efficiently run their practice. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **The School Counseling and School Social Work Treatment Planner, with DSM-5 Updates, 2nd Edition**

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## **Couples Therapy Homework Planner**

Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Couples Therapy Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 71 ready-to-copy exercises covering the most common issues encountered by couples in therapy, such as financial conflict, infidelity, work/home role strain, and separation and divorce A quick-reference format—the interactive assignments are grouped by behavioral problems including improving communications, handling parenting problems, and resolving sexual issues Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross-referenced to The Couples Psychotherapy Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or problem A download code that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs Additional resources in the PracticePlanners® series: Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM-5 diagnoses. Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **The Couples Psychotherapy Treatment Planner, with DSM-5 Updates**

THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS

<http://scientificcomputing.biz> googlebook



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## **The School Counseling and School Social Work Treatment Planner**

The Bestselling treatment planning system For mental health professionals The School Counseling and School Social Work Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including coverage of disruptive classroom behaviors, reinforcing student success, bullying, peer conflict, and school violence Organized around 33 behaviorally based presenting problems in treating students who experience social and emotional difficulties, including social maladjustment, learning difficulties, depression, substance abuse, family instability, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **Family therapy treatment planner**

The Early Childhood Education Intervention Treatment Planner provides all the elements necessary to quickly and easily develop formal education treatment plans that take the educational professional a step further past the writing of goals for Individualized Education Plans (IEPs) as well as mental health treatment plans. The educational treatment plan process assists the professional in identifying interventions and communicating to others the specific method, means, format, and/or creative experience by which the student will be assisted in attaining IEP goals. Critical tool for treating the most common problems encountered in treating children ages 3-6 Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized educational treatment plans Organized around 27 main presenting problems, including autism, cultural and language issues, depression, eating and elimination concerns, cognitive and neurological impairment, oppositional behavior, school entry readiness, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and educational interchange Easy-to-use reference format helps locate educational treatment plan components by disability Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

## **The Early Childhood Education Intervention Treatment Planner**

The flexible format of The Severe and Persistent Mental Illness Progress Notes Planner, 2nd Edition enables you to choose between evidence based and traditional “best practice” treatment approaches for your patients. Fully revised to meet your needs as a mental health professional working in today’s long-term care facilities, this time-saving resource will save you hours of time-consuming paperwork without sacrificing your ability to develop customized progress notes. This guide is organized around 31 behaviorally based issues, from employment problems and family conflicts, to financial needs and homelessness, to intimate relationship conflicts and social anxiety.

## **The Severe and Persistent Mental Illness Progress Notes Planner**

Save hours of time-consuming paperwork with the bestselling treatment planning system The Adult Psychotherapy Progress Notes Planner, Fifth Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Complete Adult Psychotherapy Treatment Planner, Fifth Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance abuse, borderline personality, and more Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-5™ diagnostic categories in The Complete Adult Psychotherapy Treatment Planner, Fifth Edition Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA Identifies the latest evidence-based care treatments with treatment language following specific guidelines set by managed care and accrediting agencies

## **The Adult Psychotherapy Progress Notes Planner**

The Child Psychotherapy Progress Notes Planner, Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Child Psychotherapy Treatment Planner, Third Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. \* Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes \* Organized around 33 main presenting problems that range from blended family problems and children of divorce to ADHD, attachment disorder, academic problems, and speech and language disorders \* Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) \* Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR(TM) diagnostic categories in The Child Psychotherapy Treatment Planner, Third Edition \* Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

## **The Child Psychotherapy Progress Notes Planner**

The Family Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 40 main presenting problems including child/parent conflicts, depression, abuse, death and loss issues, blended family problems, and loss of family cohesion Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner, Second Edition and the Brief Family Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the

requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

## **The Family Therapy Treatment Planner**

The Bestselling treatment planning system for mental health professionals The Family Therapy Progress Notes Planner, Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Family Therapy Treatment Planner, Second Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 40 behaviorally based presenting problems, including family-of-origin interference, depression in family members, divorce, financial conflict, adolescent and parent hostility, friction within blended families, traumatic life events, and dependency issues Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TRTM diagnostic categories in The Family Therapy Treatment Planner, Second Edition Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA Presents new and updated information on the role of evidence-based practice in progress notes writing and the special status of progress notes under HIPAA

## **The Family Therapy Progress Notes Planner**

Help your adolescent clients develop the skills they need to work through their problems The Adolescent Psychotherapy Homework Planner II provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 72 ready-to-copy exercises covering the most common issues encountered by adolescent clients A quick-reference format—the interactive assignments are grouped by behavioral problem, such as anger management, blended family conflicts, low self-esteem, chemical dependence, eating disorders, sexual acting out, adoption issues, and more Assignments that are cross-referenced to The Adolescent Psychotherapy Treatment Planner, Third Edition—so you can quickly identify the right exercise for a given situation or behavioral problem A CD-ROM that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs

## **Adolescent Psychotherapy Homework Planner II**

CONTENIDO: Addictions - Adoption - Anger Problems - Anxiety - Behavioral Problems in Children and Adolescents - Bipolar Disorder - Blaming - Blended Families - Child Sexual Abuse - Communication Problems - Death/Loss Issues - Depression - Disillusionment with Family Ties - Divorce/Separation - Eating Disorders - External Activities Affecting Family Role - Family Business Conflicts - Family-of-Origin Interference - Foster Care - Geographic Relocation - Inheritance Disputes - Interracial Family Problems - Intolerance/Defensiveness - Jealousy/Insecurity - Life Threatening/Chronic Illness - Multiple-Birth Dilemmas - Pervasive Developmental Disorders - Physical Disabilities - Religious/Spiritual Conflicts - Schizophrenia - School Problems - Sexual Preferences - Suicide Attempts - Unwanted/Unplanned Pregnancies.

## **Brief Family Therapy Homework Planner**

This timesaving resource features: Treatment plan components for 27 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE

**BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS** The Crisis Counseling and Traumatic Events Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 27 behaviorally based presenting problems including child abuse and neglect, adult and child suicide, job loss, disaster, PTSD, sexual assault, school trauma including bullying, sudden and accidental death, and workplace violence Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the Practice Planners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our Practice Planners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## **The Crisis Counseling and Traumatic Events Treatment Planner, with DSM-5 Updates, 2nd Edition**

Quickly and efficiently create treatment plans for adolescents in a variety of treatment environments The newly revised sixth edition of the Adolescent Psychotherapy Treatment Planner delivers an essential resource for mental health practitioners seeking to create effective, high-quality treatment plans that satisfy the needs of most third-party payers and state and federal review agencies. This book clarifies, simplifies, and accelerates the treatment planning process for adolescents so you can spend less time on paperwork and more time treating your clients. This latest edition includes comprehensive and up-to-date revisions on treating the victims and perpetrators of bullying and aggression, gender dysphoria, loneliness, opioid use, and sleep disorders. It includes new evidence-based objectives and interventions, as well as an expanded and updated professional references appendix. You'll also find: A new appendix presenting location and availability information in an alphabetical index of objective assessment instruments and structured clinical interviews A consistent focus throughout the book on evidence-based practices and treatments consistent with practice guideline recommendations Ranges of treatment options consistent with the best available research and those reflecting common clinical practices of experienced clinicians An essential treatment planning handbook for clinicians treating adolescents in a variety of settings, the sixth edition of the Adolescent Psychotherapy Treatment Planner is the key to quickly and efficiently creating individually tailored, evidence-based, and effective treatment plans for adolescent clients.

## **The Adolescent Psychotherapy Treatment Planner**

This invaluable sourcebook features pre-written treatment plan components for the field of behavioral medicine, including behavioral definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM-IV diagnoses. The Behavioral Medicine Treatment Planner covers the psychological aspects of coping with illnesses such as cancer, chronic fatigue syndrome, diabetes, headaches, AIDS, and more. Psychologists, counselors, therapists, and other mental health professionals who work in medical settings will find this Planner indispensable.

## **The Behavioral Medicine Treatment Planner**

Save hours of time-consuming paperwork with the bestselling therapist's resource The Adolescent Psychotherapy Progress Notes Planner, Fifth Edition, contains more than 1,000 complete prewritten session and patient descriptions for each behavioral problem in The Adolescent Psychotherapy Treatment Planner, Fifth Edition. The prewritten notes can be easily and quickly adapted to fit a particular client need or treatment situation. The Fifth Edition: Provides an array of treatment approaches that correspond with the

behavioral problems and new DSM-5 diagnostic categories in the corresponding companion Treatment Planner. Organizes treatment for over 30 main presenting problems, including conduct disorder, chemical dependence, low self-esteem, suicidal ideation, ADHD, sexual acting out, and eating disorders. Provides over 1,000 prewritten progress notes summarizing patient presentation and treatment delivered. Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including The Joint Commission, COA, CARF, and NCQA. Saves clinicians hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes. Presents new and update information on the role of evidence-based practice in progress notes writing and the special status of progress notes under HIPAA.

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This timesaving resource features: Treatment plan components for 27 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Crisis Counseling and Traumatic Events Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 27 behaviorally based presenting problems including child abuse and neglect, adult and child suicide, job loss, disaster, PTSD, sexual assault, school trauma including bullying, sudden and accidental death, and workplace violence Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

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